

Hair Nutrition Product 325 (rev.2)

Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet		% Daily Value
Thiamine (Yeast, Thiamine Mononitrate)	1 mg	83%
Riboflavin (Yeast, Riboflavin).....	1.25 mg	96%
Niacin (Yeast, Niacinamide)	2.5 mg	16%
Vitamin B ₆ (Yeast, Pyridoxine HCl)	1.5 mg	88%
Folate	666 mcg DFE	167%
	(400 mcg Folic Acid)	
Biotin.....	1 mg	3333%
Pantothenic Acid (Yeast Calcium Pantothenate)	100 mg	2000%
Zinc (Zinc Citrate)	20 mg	182%
Selenium (Selenium Amino Acid Chelate)	70 mcg	127%
Choline (Choline Bitartrate)	100 mg	18%
Inositol	125 mg	†
Methionine	50 mg	†
Cysteine.....	50 mg	†

† Daily Value Not Established.

Other Ingredients: Food Glaze, Dicalcium Phosphate, Sodium Starch Glycolate, Stearic Acid, Ethylcellulose, Mono- and Diglycerides, Magnesium Stearate, Silicon Dioxide.